

Diamond Glow®

PRE | POST INSTRUCTIONS

Tiffani
RN | BSN | MSN
MM | CANS
NURSE INJECTOR

5/2025

PRE-CARE INSTRUCTIONS

1. Wait at least six months post Accutane/isotretinoin use before your Diamond Glow treatment, as isotretinoin use may compromise the skin's protective barrier.
2. Discontinue the use of topical products containing AHAs, Retinols, or Vitamin A three (3) days prior to your Diamond Glow service.
3. If your face or treatment area has irritated skin (sunburn, open wounds, sores) the day preceding your appointment, please contact our office before your appointment.
4. This procedure may not be performed over open lesions or compromised skin. Please consult your provider prior to your Diamond Glow to address any such issues.
5. Gentlemen should shave the area to be treated prior to treatment.
6. Avoid sun exposure.
7. No injectables for 2 weeks prior to treatment.

POST CARE INSTRUCTIONS

1. Some patients may experience a mild redness immediately following their Diamond Glow service. This is temporary and generally resolves within a few minutes up to several hours.
2. You may apply makeup immediately post treatment.
3. Avoid use of topical products containing AHAs, Retinols, Vitamin A, for three (3) days post treatment.
4. No exfoliating for one week post treatment, as your skin has just received an exfoliation.
5. Do not pick, rub or scratch any scabs or dry skin that may appear. This may cause unwanted side effects such as darkening of the skin and/or scarring.
6. Your skin may feel slightly more sensitive to your skin care products, as the superficial layer of dead skin has just been removed through exfoliation. This is usually very tolerable and requires no special care. However, if a product feels too sensitive, discontinue use for a few days.
7. You could experience a breakout following your Diamond Glow service as the skin is purged from impurities. This will resolve on its own, and often becomes less apparent with regularly scheduled Diamond Glow treatments.
8. Avoid extreme temperatures of for 24 hours post treatment- hot showers, hot tubs/jacuzzi, and saunas.

If you have any questions at all, please do not hesitate to contact us at 701-530-8450.



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